

# THE HARD HAT HERALD

## PORTLAND CHAPTER 54

As material for the construction of our building, I pledge the agility of my hands,  
the ability of my mind, and the integrity of my heart.



## Portland, OR

### Message From Your President

Happy May! I hope you've been able to enjoy the sunshine during the week and have kept dry from the rain on the weekends. I can hardly believe it's already May, soon we'll be enjoying summer hopefully in-person.

May means sunshine, flowers and our associations elections. Elections are decided by the members that vote! You have the power to decide on the future you want to see for yourself and your fellow NAWIC members. Take some time to learn about the candidates by participating in two Candidate Townhalls. The PNW Region Meet the Candidates is on May 6<sup>th</sup> at 4:00 pm and the National Candidate Townhall is on May 11<sup>th</sup> at 4:00 pm. This is a great way to see the candidates and ask questions before the official ballots come out (full slate on page 6.)

For members I encourage you to login to the [nawic.org](http://nawic.org) website, click on Board of Directors > Candidates > scroll to the bottom > watch the videos each candidate has created.

As always make sure you are planning plenty of time for self-care. I hope to see you all at our May Meeting; Ciara Pressler will be presenting on Own Your Value.

Have a great May!

**Charris Sonne-Phinney, President, Portland Chapter 54**  
Anchor Insurance & Surety, Inc.  
[cspheinney@anchorias.com](mailto:cspheinney@anchorias.com)

### CHAPTER 54 BOARD

#### President -

Charris Sonne-Phinney  
Anchor Insurance & Surety, Inc.

#### Vice President -

Erin Holmes  
Cochran, Inc.

#### Treasurer -

Amy Nemetz

#### Corresponding Secretary -

Amy Nemetz

#### Recording Secretary -

Stacey Lin  
Swinerton

#### Directors -

Audra Petrie  
Turner Construction

Jo Meserth

Turner Construction

Sara Quitugua

Bremik Construction

Lindsey Kooistra

Performance Contracting, Inc.

#### Parliamentarian -

Gloria Bruning  
Anchor Insurance & Surety, Inc.

#### Immediate Past President -

Elizabeth Cowen  
Swinerton

**NEW MEMBERS**

- Lainee Perala – Perlo Construction
- Kate Day – Dovetail Workwear
- Amy Cook – Perlo Construction
- Maddie Carde – Boral – Stone Div.
- Summer Cano – Milwaukee Tool
- Mallory Vanover-Miller – Southern Carlson
- Kandice Marks – Total Mechanical
- Valerie Greenberg – Whitaker/Ellis
- Ingrid Golleher – Skanska
- Amanda Bostic – American Heating
- Heidi Bennett – Cherry City Elect.

**ANNIVERSARIES**

**April**

- Erin Holmes – 16 years
- Stephanie Carkin – 5 years

**May**

- Yasmin Branden – 22 years
- Liz Cowen – 7 years
- Charris Sonne-Phinney – 7 years
- Cecelia Larson – 3 years
- Elena Townsend – 3 years

**UPCOMING EVENTS**

**Oregon Coast Retreat**  
**Sept 24-26, 2021**  
 Pacific City Oregon



Education Conference will be held at Cape Kiawanda Community Center

**Register: [Here](#)**

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**MEETING SCHEDULE**

Third Thursday of every month

**May Meeting**

May 20, 2021  
 5:30 pm -7:30 pm  
 Virtual via Zoom

**Topic: Own Your Value**  
**Speaker: Ciara Pressler**



Are you undermining your leadership potential without even realizing it? It's time to go from "like, a boss?" to unapologetic, authentic professional.

Ciara Pressler reveals specific ways we give away our power through unconscious actions and bad habits that distract from our vision, mission, and talent. Discover how to be more aware of your presence, speech, and motives, so that your actions and presence are in harmony and reflect your true power.

Plus, we'll take a fresh look at your life to make sure the places you invest your time and energy are providing the return you need and deserve.

**Register: [Here](#)**

**June Meeting**

June 17, 2021  
 5:30 PM -7:00 PM  
 Virtual via Zoom

**More details to follow**

**July Meeting**

July, 2021  
 5:30 PM -7:00 PM  
 Virtual via Zoom

**More details to follow**

Please contact Amy Nemetz to get on mailing list.  
[NAWIC54@gmail.com](mailto:NAWIC54@gmail.com)

Rebuilding Together Portland is a non-profit organization that assists low-income homeowners with needed home repairs at no cost. RBTP help the elderly, people with disabilities, families with children, and veterans. NAWIC has partnered with RBTP for their National Rebuild Day Program.



## Chapter 54 THANKS

House Captains  
Leanna Smith & Amy Nemetz

Matt Smith, the Clarkes and K&D  
Window Coverings

Bremik Crew - Sara, Zach, and  
Kalie

Ashley Fehringer

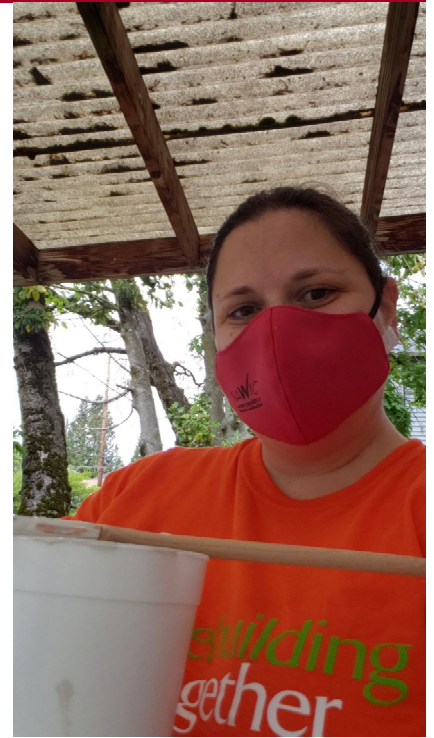
Jo Meserth

Charris Sonne-Phinney

Brittany Mason

Rebekah Kilgore





## CHAPTER 54 COMMITTEE CHAIRS 2020-2021

### Professional Development & Education

Liz Cowen & Charris Sonne-Phinney

### Finance/Budget

Joanna Westrich

### Membership

Audra Petrie

### Marketing & Industry Outreach

Charris Sonne-Phinney

### WIC Week

Stacey Lin

### Communications

Amy Nemetz & Dalene Bloom

### Fundraising/BrewFest

Leanna Smith, Rebekah Kilgore,  
Jo Meserth, Liz Cowen

### Block Kids

Sara Quitugna & Kelly Aust

### Scholarship

Lauren Holmes

### Community Service

Leanna Smith & Amy Nemetz

### Design Drafting

Erin Holmes

### Emerging Professionals

Misti Burdine

### Nominating

Yasmin Branden, Gloria Bruning, and  
Jo Meserth

**Please contact the committee  
Chair(s) if you are interested in  
joining any of these committees!**

## Chapter News & Announcements

### Portland Chapter 54 Awards! **Congratulations to our Portland winners!**

#### Future Leader of the Year - Amy Nemetz



#### Member of the Year - Jo Meserth



#### Lifetime Achievement - Lauren Holmes



## UPCOMING EVENTS

### **New Member Orientation**

**June 10, 2021**

**5:30 pm / Zoom**

NMO will be an interactive NAWIC 101 overview. It's a great opportunity to become acquainted with the association, our chapter and fellow NAWIC members. The Invite is also open to new members and anyone wanting to know more about NAWIC. There is no cost to attend this gathering; we are just excited to welcome our newest chapter members and meet any future members. More details to follow.

### **AGC Topshot**

**June 22, 2021**

**8:00 am – 1:00 pm**

If you would like to participate in this year's AGC Topshot event, at Mid-Valley Clays email Charris [csphinney@anchorias.com](mailto:csphinney@anchorias.com) ASAP. The course is 15 stations and teams will shoot a total of 100 targets per person. Participants will be randomly divided into teams via lottery. You must bring your own shotgun; ammo will be provided.

### **Annual Conference**

**August 11-14, 2021**

**Charlotte, NC**

The Chapter has budgeted for reimbursed reps for the in-person or virtual conference. The chapter will pay for AC registration, you will be reimbursed for airfare, ground transportation, food not provided with conference registration, and ½ of the hotel costs.

Any Member in good standing is eligible to be a reimbursed chapter rep., in return you must submit a report to be published/distributed to other Members. Your report should highlight portions of the keynotes and breakout sessions, samples of previous years reports are available upon request.

Please let Charris or Amy Nemetz know if you'd like to be considered as a reimbursed chapter representative for AC in August.

Amy Nemetz

[amynemetz@gmail.com](mailto:amynemetz@gmail.com) or  
[nawic54@gmail.com](mailto:nawic54@gmail.com)

Charris Sonne-Phinney

[csphinney@anchorias.com](mailto:csphinney@anchorias.com) or  
[nawicportland@gmail.com](mailto:nawicportland@gmail.com)

## **The Official Candidate Slate for the 2021-2022 Election is:**

### **President Elect:**

Jill Hanson, CDT, CIT, ESP  
Lauline Mitchell, OSHA 30

### **Vice President:**

Karen Hager, CBT, CIT

### **Secretary:**

Kelly Aust, LEED AP BD+C  
Kristey Stewart, CIT

### **Treasurer:**

Jessica Huff

### **Director – Pacific Northwest Region:**

Susan McCants  
Julie Salinas  
Charris Sonne-Phinney

### **Director – South Atlantic Region:**

Nichole Kopenhaver, CBT, CIS, CIT

### **Director – South Central Region:**

Rhonda-Maria Nebgen, SWPPP, OSHA 30

### **Director – Southeast Region:**

Andrea Ward, CBT



# MEMBER SPOTLIGHT

## NAWIC Today May/June 2021 Issue



# Photo Contest

Enter our monthly photo contest for your chance to win a \$10 Starbucks gift card.

Tag a photo of yourself on the job  
(extra points if you send a photo working from home!)

Tag via Facebook, Twitter or Instagram

**#NAWICpdx**



## CONTACT INFORMATION

### NAWIC NEWS

Please send all articles and contact recommendations for this chapter to [NAWIC54@gmail.com](mailto:NAWIC54@gmail.com) by the 25<sup>th</sup> of each month.

### TWITTER

Follow Us on Twitter  
[@NAWICPortland54](https://twitter.com/NAWICPortland54) use  
**#NAWICpdx** for photos and comments

### CONTACT INFO UPDATE

Members can update contact information through the member center which can be found after signing in at [www.nawic.org](http://www.nawic.org)

### FACEBOOK

Connect with us on Facebook at [www.facebook.com/NAWICPDX54](https://www.facebook.com/NAWICPDX54) use **#NAWICpdx** for photos and comments

### WEBSITE

Visit our website at <http://www.nawicportland54.org>

### INSTAGRAM

Connect with us on Instagram at [@NAWICpdx54](https://www.instagram.com/NAWICpdx54) use **#NAWICpdx** for photos and comments