



Constructively Speaking

National Association of Women in Construction

Portland Chapter 54

Established in 1961

November 2009

MEETING INFORMATION

Date: Thursday, November 19, 2009

Time: Registration/Social 5:30pm
Dinner/Program 6:00pm

Location: Elephants Garden Party Room
115 NW 22nd Ave. - Portland, OR 97210

Cost: \$25.00

Menu: Chicken Rustica with Moroccan Couscous,
Tomato & Cucumber Salad, Bread and Chocolat Mousse

Program: “Women Speak: Conflict Resolution Tools” – Sheila LeChance

“Some women have a crippling fear of presenting, couple that with conflictual situations, a hostile customer or group and fear abounds! I believe fear is bountiful where unpreparedness lives. To be prepared is to be without fear. To be without fear of conflict is to anticipate objections and to have resolution tools handy to draw upon in a moments notice. This is key to effective conflict resolution. Come see, learn and share. - I look forward to seeing you there! – Sheila”

Contact [Edie Bales](mailto:Edie.Bales@LibertyMutual.com) by noon, Nov. 16th, if you need to cancel your standing reservation, are bringing a guest, or if you are a permanent cancel and will attend. Edith.Bales@LibertyMutual.com or 503.697.0171

NAWIC Guideline No. 4

Each Member has a standing dinner reservation for the monthly meeting, unless otherwise specifically arranged. If a reservation is not canceled by noon on Monday of the week of the meeting, the Member will be billed for the cost of the dinner.

A Message from our President, Dalene Schafer

Fall is here! I love seeing the leaves change and feeling the air chill. I hope everyone has a safe and fun Halloween, and be careful driving out there with all those wet leaves.

The Portland chapter hosted this years APC at the Riverplace Marriott. I want to thank our committee chairs Gloria Bruning and Edie Bales for their hard work on making this event a success. Thanks ladies! Even with a minor roof leak in the room, everything went smoothly. Cathy Brady did a great job of running her first event as Director of Devine Region 9! The highlight of APC were the ladies of the Columbia River Crossing project who came and detailed the project, it's planning, the need for the project and the issues surrounding this \$4.2 billion project.

Planning for our First Annual Portland NAWIC Brewfest is underway. It will be November 12 at the Widmer Gasthaus Brewpub. Details and registration can be found on the event website: www.portlandnawicbrewfest.org

Our PartyLite chapter sales fundraiser is also still underway. If you would like to purchase any of these great candles, please let me know. We featured these at APC as well, and the sale ends November 19th at our meeting. Items will ship in time for Christmas!

Our meeting in November will be at Elephants Delicatessen. The speaker will be Sheila LeChance and she will give an interactive presentation titled “Women Speak: Conflict Resolution Tools”.

We are still looking for a few more committee chairs and members to help out with some of our special events. Be sure to talk to me if you are interested.

Let's keep this great energy and momentum going! I hope to see you at the BrewFest and at our November meeting ☺

Sincerely,
Dalene Schafer

NAWIC National Convention 2009 Report – Phoenix, Arizona**By: Lauren Holmes**

Dalene, Erin and I arrived to Phoenix, Arizona on Wednesday August 26th for NAWIC Convention 2009. We arrived in style, as we took a limousine from the airport to the JW Marriot at Dessert Ridge Resort. Upon arrival we quickly changed into our pool attire and spent the day hanging out in the sun, on the “lazy river” and drinking some margaritas.

Wednesday night was the welcome party, which was themed like a Fiesta. It was great to see everyone all in one place and to reconnect with all of the NAWIC regions.

Thursday was the NAWIC Annual Meeting, and it was a lively one. The keynote speaker, Edith Washington gave a presentation she called “Turning Points” and she talked a lot about empowering yourself and the people around you. She talked about the (4) A’s to success:

1. Accepting... take things in and analyze your next steps
2. Acting... take action
3. Adjusting... collaborate, change your path if needed
4. Assessing... evaluate and keep moving

She was very inspiring and reminded us that we need to stop putting people in boxes. That we need to accept people as they are... we are all 99.9% alike, why do we spend so much time focusing on our differences, when we should focus on our similarities and join together. She continued on talking about the positives that can come out of a bad economy:

- Reevaluate how your company is doing things... are we efficient? How can we become more efficient?
- Put more effort into planning how business is done.
- Make critical decisions early, don’t wait around for things to happen, make them happen.
- Focus on educating your workforce... transfer the knowledge you have to the newer generation, and concentrate on collaboration.

She had a lot of tidbits I thought were inspiring and good reminders; here are a few of them:

- Red Wood Forest trees are the tallest trees, yet they have extremely shallow roots. They are able to grow strong and tall because they intertwine their roots together. Without each other they would not be able to be what they are today.
- Only too late if you don’t start now!
- I could do anything if I knew what it was!
- Baby eagles can take off immediately and soar, but they have trouble landing... and tend to crash and burn... take chances, but be willing to crash, you may not always land on your feet the first time.

Continued on Page 4

Region 9 Annual Planning Conference

The 2009 Annual Planning Conference was a great experience. Special thank you to Gloria Bruning & the others on the committee who put it all together. The Program was informative, speakers interesting and of course the networking with our NAWIC sisters was nothing but fun times!

If you were not able to attend this year, please start planning to go to the 2010 APC which will be hosted by the Salem Chapter.

Portland Chapter 54 Fundraiser

The chapter is trying a new fund raiser with PartyLite. They make top of the line Candles and Accessories and sell them in in-home parties. They have a new fundraising program. Our chapter will receive 50% of all sales.

If you would like to order and do not have a form, please contact Dalene Schafer at dalene.schafer@psiusa.com. Great Christmas Gifts!

Meet Chapter 54's New Member *Darcy Hoffman*

Darcy is a Business Services Account Representative with WorkSource-Vancouver. She works with employers in the construction industry, helping them find qualified workers. A big part of her job is to educate employers on the services that WorkSource provides. Their services are largely funded by tax dollars so it's very important that employers know about them so they can take advantage of the things that work for them. The biggest part of her job is really to listen to the needs of the business, and the industry as a whole, and provide the services necessary (including reference to other agencies) to meet those needs surrounding workforce and education. She works with community partners and educates them on industry trends/demands.

When not working, she enjoys watching movies, decorating and re-decorating her house and hanging out with the best dog in the world...Onyx! Darcy and Onyx like to go on car rides and hikes, especially to the beach. Darcy also enjoys camping and wakeboarding!

Darcy lives in Vancouver with Onyx as her only roommate, although she says you can find her boyfriend there a lot. No children right now.

Her favorite movie is probably Pulp Fiction, she likes the old style country music as well as country music from the 80's.

We are very happy to welcome Darcy into our chapter!

NAWIC National Convention 2009 Report By Lauren Holmes *Continued from Page 2...*

She finished off reminding us of these three things:

- Dream – hold on to your dreams, even if you never make it, or it takes longer than you expected, keep trying, and keep holding on to those dreams.
- Risk – take risks always. Try new things.
- Expect more from your self and others... push your self and others...

BREAK

After break, we came back and moved into the general session, where 382 NAWIC members attended and it got pretty heated. There are quite a few members that are very upset with the new membership categories. There was intense discussion about letting Associate and Retired members have their voting rights returned to them. This conflicts with our IRS designation and could result in huge monetary penalties. The motion was denied. (This is a very shortened version of the ordeal...)

After lunch, I attended the Construction Manager's Role in Pre-Construction; I was slightly disappointed in the workshop since it was such a generic overview of the pre-construction process. It covered the basics about what pre-construction is, and what the reason for it and talked about how the following steps are part of the process.

1. Feasibility – you must first determine the most feasible solution... this may effect your location, your size, if you renovate or build from scratch.
2. Agency Coordination – you must work with your local jurisdictions.
3. Delivery Method – what is the time frame? What makes sense?
4. LEED? Are you going for it? What level?
5. Estimate – What is the budget? Reconcile with design changes.
6. Constructability – Can it be built? Are there better ways?
7. Value Analysis – Can it be built differently to reduce costs?
8. Schedule – How long do we have? How long do we need?
9. Bidding Strategies – bid packages? Alternates? Unit Prices?
10. Lessons Learned – keep track of all information for future use!!!

Friday, I enrolled in the all day Construction Project Management Course. The course was a basic overview of the construction industry. We spent a lot of time reviewing Owner, Architect and General Contractor's roles, responsibilities and perspectives and there were a lot of questions from the participants. We moved on into contract related issues and the different types of contracts and why they are utilized. It was a good class for a beginner, or for people in construction that are not involved in these issues that wanted to get a better understanding of the processes involved.

Saturday we had sessions for NAWIC related topics. I attended workshops for the Regional Chairs where we discussed the roles and responsibilities we would have during the upcoming year, and then I went to the Membership workshop where they discussed the "1+1" membership goals for the year and reviewed the NAWIC website and how we can easily download membership directories right into excel for ease and use. Saturday night was the Crystal Vision Awards Gala. Region 9 had an amazing table in the way back, and our tables were lacking any wine. ☹ It was a nice chance to catch up more with fellow 9'ers.

All and all Convention was a great trip, and we learned a lot. Start marking your calendars for next year, and join your fellow NAWIC ladies in Louisville, Kentucky.

EVENTS & Things OF INTEREST



ASPE - Columbia Pacific Chapter 54
(American Society of Professional Estimators)

For information on ASPE Meetings and events, please visit their website at:

<http://www.aspeportland.org>

To make reservations for their meetings visit:

<http://www.aspeportland.org/Reservation.asp>
Questions: Curt Kolar, 503.368.8291

OSHA Safety & Health Workshops

. To register for the free workshops, fax your request on company letterhead to (503) 947-7462 or register on the Oregon OSHA Web site, www.orosha.org under "Education." For questions about Oregon OSHA's public education, call (503) 947-7443 or call toll-free within Oregon, (888) 292-5247, Option 2.

NAWIC UPCOMING EVENTS!

Nov. 12th Brewfest @ Widmer Gasthouse Pub
<http://www.portlandnawicbrewfest.org/>

Nov. 19th – Membership Meeting @ Elephants Deli

Dec. 3rd – Board Meeting @ Legend Homes

Dec. 12th – Chapter Volunteer Session @ Oregon Food Bank

Dec. 17th – Membership Meeting/Christmas Party

May 14 – 15, 2010 – Forum
Eugene, OR

**National Kitchen & Bath Association
NKBA Columbia River Chapter**

In an effort to keep you connected with all of the latest events, news and information in the kitchen and bath industry, please visit:
<http://www.nkba.org>

Greater Portland Construction Partnership (GPCP)

November 17th 4-6:30pm at McMenamins Kennedy School

A Panel Discussion: *Drug Free Workplaces: An Update*

Go to www.GPCP-Portland.org and click on Events Calendar for registration information

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Sisters in the Building Trades - [www.SistersintheBuildingTrades.org](http://www.SistersintheBuildingTrades.org)  
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Have a safe and Happy Thanksgiving!



NAWIC CHAPTER 54 - Milestones & Interesting Facts!

NAWIC Links

NAWIC Portland Chapter 54

www.nawicportland54.org

NAWIC Region 9

www.nawicregion9.org

NAWIC National

www.nawic.org

NEF

www.nawiceducation.org

November Anniversaries!



Didn't see any????

November Birthdays



Carol Helms

11/24

*A positive attitude may not solve all your problems,
but it will annoy enough people to make it worth it!*

Herm Albright (1876-1944)

NAWIC History

The National Association of Women in Construction (NAWIC) originally began as Women in Construction of Fort Worth, Texas. It was founded in 1953 by 16 women working in the construction industry. Knowing that women represented only a small fraction of the construction industry, the founders organized NAWIC to create a support network. Women in Construction of Fort Worth was so successful that it gained its national charter in 1955 and became the National Association of Women in Construction.

WEB SITE SPONSORS WANTED!!

ONLY \$25!!!

What a great opportunity to get your name and or company on one of the greatest Web Sites in the world! Millions of people have an opportunity to look at NAWIC Portland Chapter 54 Web Site! For only \$25, we will reproduce your business card, put your name & company name with a link to your web site on ours for an entire year! Don't let this opportunity pass you by. Contact Edie Bales at edibal@safeco.com or 603.697.0171 for details. Visit us at <http://www.nawicportland54.org>

NAWIC PORTLAND 54 SPONSORS

The following companies have generously sponsored our 2009 Golf Tournament. Chapter 54 appreciates their support and encourages you to use their services. We are also grateful to the individuals who sponsored the event

Executive Sponsors

**Cochran Electric
Halton Co.**

Premier Sponsors

**Emerick Construction
Pape Machinery
Turner Construction**

Corporate Sponsors

**Ahern Rentals
Anchor Ins. & Surety, Inc.
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Greffen Mesher & Company, PC
Gresham Transfer
Howard S. Wright Constructors
James W. Fowler Co.
Kelly Moore Paints
Pacific Mobile Structures, Inc.
Professional Service Industries,
Inc., Mechanical Services
RSC Equipment Rental**

General Sponsors

**Tuco Industrial Products
Vancouver Oil (VOCCI)**

Region 9 Contacts

Region 9 Committee Chairs

Membership – Lauren Holmes
holmesl@hswc.com

Construction Professional
Education – Fil Spiegel
fspiegel@beaconhss.com

PR/Marketing – Ayeshua Walden
Ayeshua.Walden@CH2M.com

WIC Week – Darla Hall
darla@davisconstructors.com

Safety – Ruth Fritts
ruthf@mcavain.com

NEF Liaison – Yasmine Branden,
CCA
Yasmine.branden@neilkelly.com

Block Kids – Amanda Ring
Amanda.ring@gcinc.com

CAD/Drafting – Judy Jewell
jewels_59@comcast.net

Region 9 Chapter Presidents

Portland #54 – Dalene Schafer
Puget Sound #60 – Julie Stalzer
Eugene #77 – Nancy Ograin
Spokane #143 – Jessica Moody
Tacoma #187 – Charlotte Jones
Tri Cities #192 – Cyndie Lorenz
Alaska #197 – Kathleen Bugbee
Salem #198 – Vickie Tewalt
Great Falls #228 – Barbara Woith
Boise #245 – Molly McClure



Core Values:

- Believe in ourselves as women
- Persevere with the strength of our convictions
- Dare to move into new horizons.

Core Purpose:

To enhance the success of women in the Construction Industry.

We're on the Web!

See us at:

www.nawicportland54.org

Portland Chapter 54 2009-2010

Officers, Directors & Committees

President	Dalene Schafer
President Elect	Carol Helms
Vice President	Amanda Wilson
Treasurer	Gloria Bruning
Recording Secretary	Erin Holmes
Corresponding Secretary	Marilyn Morrison
Directors	Yasmine Branden, Sondra Jameson, Ursula Lande, Edie Bales
Immediate Past President	Lauren Holmes

Committees

Finance: Dalene Schafer, Lauren Holmes, Gloria Bruning, Evelyn Stratton

Membership: Lauren Holmes, Chair; Edie Bales, Amanda Wilson & Dalene Schafer
Evelyn Stratton – Membership Roster

Professional Education: Amanda Wilson, Chair; Dalene Schafer, Christina Fell
Edie Bales (Reservations Only)

Audit: Evelyn Stratton

Ways & Means: Carol Helms, Chair of Golf Tournament; Amanda Wilson,
Dalene Schafer, Christina Fell

Badges & Attendance: Evelyn Stratton, _____

Block Kids: Ursula Lande, Chair; Betty Wollam, Dalene Schafer

Bylaws: Evelyn Stratton, Chair; Betty Wollam

CAD: Erin Holmes, Chair

Chapter Sales & Raffle: _____, Chair; Dalene Schafer

Newsletter: Edie Bales, Chair

Public Relations: Sondra Jameson, Chair; Amanda Wilson

Safety: Erin Holmes, Chair; Dalene Schafer

Scholarship: Lauren Holmes, Chair; Dalene Schafer

WIC Week: Marilyn Morrison, Chair; Dalene Schafer, Amanda Wilson, Lauren Holmes

Web Site: Edie Bales, Chair; Darlene Marquardt, Webmaster