



Constructively Speaking

National Association of Women in Construction Portland Chapter 54
Established in 1961

July 2008

Events Calendar

August 4th:
Board Meeting
Safeco Insurance

August 21st:
Membership Meeting
Location TBA

Highlights

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NAWIC Guideline No. 4
Each Member has a standing dinner reservation for the monthly meeting, unless otherwise specifically arranged. If a reservation is not canceled by noon on Tuesday of the week of the meeting, the Member will be billed for the cost of the dinner.

July Membership Meeting Notice

Date: Thursday, July 17, 2008
5:30 p.m. registration begins / 6:00 p.m. dinner/program

Location: Julie Puderbaugh's Home
15022 S. Highland Road
Oregon City, OR 97045 Phone: 503-650-8028

Cost: \$25.00

Menu: BBQ Ribs and Side Dishes
Vegetarian Options Available

Program: BUNCO ... Hawaiian Style!

Come wearing your favorite Hawaiian shirt, shorts, hat, beads or lei. Leave your cares and worries behind. Enjoy the company of fellow members while we dine, visit and have fun. If you've never played Bunco before, it is a lively game of dice played in rounds. Members will win prizes along with net proceeds of the evening benefiting NEF (NAWIC Education Foundation).

RSVP: Phone (503-620-8080) or email Nancy Oswald (noswald@legendhomes.com) or Jodie Guthrie (jguthrie@legendhomes.com) by noon, Monday, July 14th. If you need to cancel your standing reservation, are bringing a guest, or if you are a permanent cancel and will attend. Note: A minimum of 48 hours cancellation notice is required or you will be invoiced.

A Message from our President, Edie Bales

The deadline to register for Convention is just around the corner. For those going you have two options to register. The registration form can be completed and snail mailed...be sure you have it postmarked by July 7th. Or you can visit the national website and do it online. I did this a couple days ago and the online was quick and painless.

Thank you to Julie Puderbaugh for opening her home up again for our July Membership meeting. Our PE committee is working hard to ensure we all have a great time. If you have a card table and/or chairs, please contact Jodie or Nancy, they may still need them.

Membership Renewal Changes: Members must have their renewals to national by October 1st (received, not postmarked) to avoid a \$25 late fee. Also the method members receive their renewal forms has changed. Members with an email address listed in the NAWIC Database will be emailed a link to renew online by the end of July (a paper invoice will not be mailed). Members who do not have an email address will be sent a renewal in the mail by the end of July. Another reason it is so important to be certain that your information is correct. You can view your information and make any necessary changes by going to the National Website www.nawic.org. Sign in and you will see "edit my profile" under your name.

Hope you all have a very safe and happy 4th of July. See you at the July meeting!

~Edie Bales, President

Forum 2008 Report

Jodie Guthrie

Dear Chapter 54 NAWIC Sisters,

I would like to thank you all for giving me a chance to represent our Chapter at the Forum in Alaska.

Being new to NAWIC I was a bit reluctant and apprehensive about attending a Forum, In my head expecting it to be exactly like the conventions I have attended for work purposes....BORING!!!!

I have been a NAWIC member for almost a year now and to be honest have not given much thought as to what NAWIC is all about and what I can get out of my membership both personally and/or professionally, beyond dinner once a month with some very nice ladies and helping kids build stuff out of Lego's. I am sure many of you are thinking doesn't she read the newsletters. Doesn't she listen when we all talk about past forums and National conventions?

To be honest we all receive so many e-mailed news letters it is like "Here a chapter there a chapter everywhere a chapter, chapter" That I just skimmed over them to get the info I needed for the next meeting etc. not understanding why anyone would want a newsletter about another chapter but saving them in case I need to refer back for some reason or another....yep, I have a hard time deleting stuff...just in case I might need it later :o)

So I decided to attend the Forum with an open mind and see for my self what all the hubbub was about

WOW! What an experience. The women I met, learned from and laughed with are amazing not to mention inspiring. I was not aware of all the educational opportunities available to us with NAWIC, or the education we can offer the next generation through the different committees and programs.

We as NAWIC members have the pleasure and privilege to work along side, and get to know many wonderful and smart women in our industry that are doing amazing things for their communities that otherwise we may never meet. They were there to inspire and lead the new and old members toward fulfillment in their lives both professionally and personally.

I have to say that meeting these ladies opened my eyes to the possibilities NAWIC has to offer. And meeting them brought me to go back and read that years worth of Newsletters (Yep I kept them all) because now I can put many faces to the names. The newsletters take on a whole new light when you can be proud to have met many of the ladies mentioned and be happy and proud of them for the things they have accomplished

If you have never attended a Forum or National convention, I whole heartedly encourage you to do so. There is no way you can get all NAWIC has to offer from having dinner once a month, you are missing the point of the membership if you do not get out there and meet your peers and laugh with them, learn from them both in their successes and failures and embrace this wonderful group of very talented women.

Again I want to thank you all for letting me represent our chapter at the Alaska Forum.

I hope to see you all at Nationals!

Jodie~

ADVENTURESOME PORTLAND WOMAN WHO “VOLUNTOURS” FEATURED ON NEW SOCIAL RECOMMENDATION WEBSITE

Vibrant Nation Puts 50+ Women Front & Center

Contact: Merry Ann Moore, 541.549.2468 merryann@bendcable.com

Portland, OR—A new social networking website focusing on the interests, cares, work and lifestyles of women over 50 is now online. [Vibrant Nation](#) is a venue for accomplished women in the second half of life to share knowledge and tips. [Profiles](#) of such women from across the country are posted weekly, to introduce Vibrant Nation members to other inspirational women.

Currently featured is Portlander Sherre Calouri, 65, who retired as Washington County Chief Deputy Sheriff in 2002. In her many-varied career, she was a teacher for the deaf, raised a family, worked in the state legislature, sold real estate, became a journalist, got elected to the local school board, served as public information officer for the sheriff's office and, at 50, went to the corrections academy to be certified as a corrections officer. Then she managed a 500+ bed jail.

Now in her “encore” careers, Sherre works with FEMA as a Disaster Assistance Employee, consults on communications to school districts, keeps up with six children and 15 grandchildren, and spends her free time “voluntouring,” a hot trend in travel. “I’ve traveled independently and on organized tours, but my voluntour journeys are the most memorable and life-changing,” says Sherre.

As president of her local Rotary Club, Sherre regularly uses her vacation time as a way to help others build better lives. Rotary provides volunteers travel opportunities on such projects as working in a rural school for girls who have been rescued from a possible life of prostitution, and helping administer polio vaccine to children in India. Sherre has visited the Sweetwater Quilting Guild in South Africa, and helped Zulu women sell their quilts in Oregon. “The Rotary journeys let us live like the locals,” she notes. “We shop for groceries, attend church, share in the cooking, meet their friends and neighbors, and feed the dog. We become part of an extended world family, we can imagine we can bring peace to the world.”

“Success after 50 is exactly what we want people to recognize in women through Vibrant Nation,” says company founder [Stephen Reily](#). “For people like Sherre, retirement isn’t on the radar. They view the second half of their lives as a launch pad for new endeavors. We’re giving these women a forum to ask and answer questions from their peers, and connect each other to the best resources to get the most out of life.”

Today’s women over 50 have more money and power — and are expected to live longer — than women of previous generations. Over a ten-year period ending in 2010, the 55- to 64-year old population will grow 48% with a significant female skew. In addition, consumers 50+ own up to 80% of the nation’s financial assets and control 50% of the discretionary spending, spending 2.5 times as much as younger consumers on a per capita basis. Learn more about such women and Sherre Calouri—including her tips on best travel organizations and a list of her five favorite travel websites—at www.vibrantnation.com. Readers can find out everything from where to find ex-pats in Krakow, to the name of a book read 15 years ago, to how it feels to beat cancer, to where a woman of a certain age can buy a pair of blue jeans she can love—from women like themselves.

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New Renewal Policy

At NAWIC's Mid-Year Board Meeting in February, the Board of Directors passed a new renewal policy to be effective beginning with the 2008-2009 fiscal year.

The changes are as follows: Renewals **must be received** (not postmarked by) in the NAWIC Office by Oct. 1. After Oct. 1, a \$25 late fee will be assessed. The grace period has been eliminated.

In addition to the above changes, when and how you receive your renewal will also change. Members with an email address listed in the NAWIC Database will be emailed a link to renew online by the end of July (a paper invoice will not be mailed). Members who do not have an email address will be sent a renewal in the mail by the end of July.

To decrease processing time of your renewal, we strongly recommend that you renew online. If your email address changes, please be sure to update your information by visiting www.nawic.org > Member Sign In > Member Center > Update Your Info.