



Constructively Speaking

National Association of Women in Construction Portland Chapter 54
Established in 1961

April 2008

Events Calendar

May 5th:
Board Meeting
Safeco Insurance

May 15th:
Membership Meeting
Location TBA

June 2nd:
Board Meeting
Safeco Insurance

June 6th:
Golf Tournament
Meriwether NGC

Highlights

**President's
Message**
Page 1

New Member Focus
Pages 3 & 4

**Industry
Announcements**
Pages 2, 5 & 6

NAWIC Guideline No. 4
Each Member has a standing dinner reservation for the monthly meeting, unless otherwise specifically arranged. If a reservation is not canceled by noon on Tuesday of the week of the meeting, the Member will be billed for the cost of the dinner.

April Membership Meeting Notice

Date: Thursday, April 17, 2008
5:30 p.m. registration begins / 6:00 p.m. dinner/program

Location: Portland Homebuilders Association Banquet Room
1555 SW Bangy Road
Lake Oswego, OR 97035
Near I-5/Hwy 217 Intersection. Parking lot shared w/Trader Joes

Cost: \$25.00

Menu: Pork Loin with Roasted Red Potatoes
Green Salad
Vegetable
Rolls and Butter
Chef's Choice Dessert
Coffee, Tea, Water

Program: To Be Announced

RSVP: Phone (503-620-8080) or email Nancy Oswald (noswald@legendhomes.com) or Jodie Guthrie (jguthrie@legendhomes.com) by noon, Tuesday, April 15th, If you need to cancel your standing reservation, are bringing a guest, or if you are a permanent cancel and will attend. Note: A minimum of 48 hours cancellation notice is required or you will be invoiced.

A Message from our President, Edie Bales

I hope you all had a wonderful Easter and enjoyed festivities, family and friends.

The Nominating Committee is contacting all members to put together a slate of officers and directors for our 2008-09 year. We hope to announce the names at the April Meeting and will be voting at the May meeting. Don't wait for them to call, surprise Jodie, give her a call or send her an email and let her know what position you would like to run for! I've been on the board every year since 1999, I can attest that it's a great place to be. You know all that's going on and have a better understanding of NAWIC. So face your fears and sign up! You can do it, you are never alone, always someone to help mentor you.

We will be announcing our CAD Competition winners at the April meeting and hope to have them and Nancy Merchant talk about their project at the meeting.

Julie will hold her next committee meeting for the Golf Tournament at Legend Homes on April 9th. Help is always welcome. Don't forget, if you have not already given her names and addresses of prospective sponsors and players to invite, time is short. Take a few minutes and get them to her. At the April membership meeting she'll have a signup sheet. She's looking for your commitment to help on various tasks the day of the event.

As I mentioned I'll be out of town most of the month of April, with limited access to my emails. However, I will be here for the April meeting! I hope April is a very good month for all and the sun comes out more!

~Edie Bales, President



NETWORKING & CONTRACTORS,
APPRENTICE & TRADES FORUM

An invitation to discuss success...

And more success

Thursday April 10, 2008

5:00pm - Networking Opportunity

6:00 pm - Roundtable Discussion

New Columbia – CEC Room

4625 N Trenton Street

Portland, Oregon 97203

To RSVP and Questions: Contact Anna Wuitechick, ETAP Program Assistant at (503)943-5864 or anna@caws-odx.org. Please respond no later than Friday April 4th, 2008 for planning purposes.

Getting to know ...

Our members that have joined beginning October 2007 have been asked to write brief bio about themselves to help us get to know them better. This month we're featuring Demetra Star and Dalene Schafer.

Demetra Star

I'm currently a researcher with the University of California, San Francisco and am working on a NIOSH grant (National Institute of Occupational Safety and Health) to develop an ergonomic tool to help construction workers drill and roto hammer overhead into metal and concrete ceilings. The research grant is managed by the Center for Construction Research and Training (CPWR) which is the research arm of the trade unions. The research has been occurring here in Oregon and Washington and will be concluded in 2009. There are many local contractors who have participated in the research: Skanska, Fortis, Oregon Electric Group, ECCO, Cherry City Electric, Temp Control Mechanical, Streimer Sheetmetal, Apollo Mechanical, Interstate Mechanical, JH Kelly, ATG, ASD to name a few. I have four years of experience in construction ergonomic research.

Prior to being involved in research, I was a safety manager with the construction management firm DPR Construction in their Portland Region for five years. I primarily oversaw safety on large construction projects (\$300 million data centers and semiconductor facilities in Hillsboro). I've also done a number of safety consulting engagements with various construction firms in Portland, Oregon such as helping contractors produce Safety Videos, providing Injury Free Environment Training, Asbestos Training, Scaffold Training, Accident investigations and safety inspections. At the conclusion of the research with UCSF, I will return to construction safety management with a local contractor.

I live in Deer Island, Oregon with my partner. No Children. I was born in Connecticut and grew up in Greece. I returned to the US to attend college. I received my BS in Biology from Tufts University, Medford, MA (1992). I completed a Masters degree in Biology at Carnegie Mellon University, Pittsburgh, PA (1997). I have a second Masters in Occupational Hygiene and Occupational Safety from West Virginia University, Morgantown, WV (1999).

I enjoy all sorts of sports, especially roller-blading, biking, and paddling. I like to read and enjoy remodeling my home as well as catching a Texas Hold'em tournament here and there.

Demetra Star
EHS Research Specialist
University of California, San Francisco
Construction Ergonomics
demetra.star@ucsf.edu
503-715-7959

Getting to know ...**Dalene Schafer**

I've been with Professional Service Industries (PSI) for six months now, and it's great. Not a position I ever thought I'd be doing (business development and marketing), but I'm mostly good at it, and it's a great opportunity to grow personally and professionally and to push me past my personal comfort zone to try new things.

I grew up in Camas, WA with my parents and my younger sister and brother. I graduated in 2005 from Washington State University with a Bachelors in International business and a Bachelors in German language and literature. I studied abroad twice in Germany. Nope, I'm not fluent, but I can get by and most of the time, the Germans don't know I'm not a native speaker. ☺

My passion is international relations, learning about foreign cultures and helping bridge the gap. Someday I hope to work for an international company here in Portland, doing something along those lines. I was able to exercise a little bit of that with my last firm, Bilfinger Berger Civil, Inc. which had employees from all over the world, but they decided to close up shop last spring, which led me to PSI.

I joined NAWIC to help me grow in the construction business, and meet ladies in the same industry and hopefully develop a strong social and professional network and support system, and NAWIC seemed like a fabulous way to do it.

I live right now in Vancouver with my boyfriend Chris who is a software developer in Beaverton, and we're moving soon to Portland (in May). My hobbies are playing World of Warcraft, sewing and decorating, rock climbing, and playing guitar. I sell PartyLite candles and accessories on the side and love it (shameless business plug!). So if anyone is ever interested in having a party let me know!

Dalene L. Schafer
Business Development Associate
D 503.978.4730
M 503.793.5467
E dalene.schafer@psiusa.com