



Constructively Speaking

National Association of Women in Construction Portland Chapter 54
Established in 1961

February 2009

Events Calendar

March 2nd:
Board Meeting
Safeco Insurance

March 19th:
Membership Meeting
Home Builders
Association

Highlights

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Message
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Industry
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NAWIC Guideline No. 4
Each Member has a standing dinner reservation for the monthly meeting, unless otherwise specifically arranged. If a reservation is not canceled by noon on **Monday** of the week of the meeting, the Member will be billed for the cost of the dinner.

February Membership Meeting Notice

Date: Thursday, February 19, 2009
5:30 p.m. registration begins / 6:00 p.m. dinner/program

Location: Vibrant Catering – The Loft
2236 SE Belmont, Portland, OR 97213

Cost: \$25.00

Menu: Roasted Chicken- apricots, gorgonzola and yellow peppers
Penne Pasta- grilled vegetables and smoky mozzarella
Roasted Garlic Mashed Potatoes
Roasted Seasonal Vegetables
Baby Green Salad- balsamic vinaigrette
Rustic Breads – butter
Chefs choice dessert

Program: Columbia River Crossing is coming to NAWIC!
See Page Three for Program Details

RSVP: Edie Bales (503) 697-0171 or email: edith.bales@libertymutual.com by noon, Monday, February 16th if you need to cancel your standing reservation, are bringing a guest, or if you are a permanent cancel and will attend. Note: A minimum of 48 hours cancellation notice is required or you will be invoiced.

A Message from our President, Lauren Holmes

Happy Valentine's Day! I can not believe it is February already. I hope that everyone is having a fabulous 2009 so far, and that this economic downturn we are facing is not causing you and your companies too much harm.

Our Block Kids event is this month, on Friday February 13th at Concord Elementary School in Milwaukie and it is sure to be a blast. Carol Helms and her committee have done a great job planning this event, and we have a lot of members and guests stepping up to be judges this year. Can not wait to see what the kids come up with!

This month for our membership meeting we will have a speaker from the Columbia River Crossings group and they will be discussing the I-5 bridge crossing project. This project has been discussed for years and this will sure to provide interesting discussion and spark a lot of questions from the audience. This month we would also like to continue our food drive for the Oregon Food Bank. So please remember to bring non-perishable foods or monetary donations. Every little bit helps!

~Continued on page 4

DCBS OCCUPATIONAL SAFETY AND HEALTH DIVISION (Oregon OSHA) SAFETY AND HEALTH WORKSHOP EVENTS PLANNER

The following workplace safety and health educational opportunities are being offered by Oregon OSHA in the Portland area during February 2009. To register for the free workshops, fax your request on company letterhead to (503) 947-7462 or register on the Oregon OSHA Web site, www.orosha.org under "Education." For questions about Oregon OSHA's public education, call (503) 947-7443 or call toll-free within Oregon, (888) 292-5247, Option 2.

Wednesday, February 4

8 a.m. to noon: **Conducting an Accident Investigation**

Portland Community College – Capital Center, Room 1539, 18624 NW Walker Road , Beaverton

Wednesday, February 4

1 p.m. to 5 p.m.: **Hazard Communication Program**

Portland Community College – Capital Center, Room 1539, 18624 NW Walker Road, Beaverton

Thursday, February 5

8 a.m. to noon: **Lockout/Tagout and Machine Safeguarding**

Portland Community College – Capital Center, Room 1539, 18624 NW Walker Road, Beaverton

Thursday, February 5

1 p.m. to 5 p.m.: **Ergonomics in the Office**

Portland Community College – Capital Center, Room 1539, 18624 NW Walker Road , Beaverton

Tuesday, February 10

8 a.m. to noon: **PESO – Safety Training for Multicultural Workforce**

Mt. Hood Community College, 26000 SE Stark St - Town & Gown Room, Gresham

Wednesday, February 18

8 a.m. to noon: **Safety and Health Management – The Basics**

Mt. Hood Community College, Visual Art Theatre, 26000 SE Stark St, Gresham

Wednesday, February 18

1 p.m. to 5 p.m.: **Motor Vehicles: Planning and Safe Practices**

Mt. Hood Community College, Visual Art Theatre, 26000 SE Stark St, Gresham

Thursday, February 19

8 a.m. to noon: **Introduction to Safety Training**

Mt. Hood Community College, 26000 SE Stark St - Town & Gown Room, Gresham

Thursday, February 19

1 p.m. to 5 p.m.: **Worker Protection Standard**

Mt. Hood Community College, 26000 SE Stark St - Town & Gown Room, Gresham

Wednesday, February 25

8 a.m. to noon: **What to Expect from an OR-OSHA Inspection**

Portland Community College – Capital Center, Room 1539, 18624 NW Walker Road , Beaverton

Wednesday, February 25

1 p.m. to 5 p.m.: **Safety and Health Program Evaluation**

Portland Community College – Capital Center, Room 1539, 18624 NW Walker Road , Beaverton

Thursday, February 26

8 a.m. to noon: **Excavation Safety**

Portland Community College – Capital Center, Room 1539, 18624 NW Walker Road , Beaverton

Thursday, February 26

1 p.m. to 5 p.m.: **Safety Accountability**

Portland Community College – Capital Center, Room 1539, 18624 NW Walker Road , Beaverton

Columbia River Crossing is coming to NAWIC!

Please join your local National Association of Women in Construction (NAWIC) Portland chapter during a presentation provided by Columbia River Crossings. The speaker will discuss the projects purpose, timing, general scope of work, funding, and potential challenges.

~It's a fantastic opportunity to learn about the project, network, and enjoy dinner!~



- Date:** Thursday, February 19th, 2009
- Time:** Networking 5:30 pm-6:00 pm
Dinner/Program 6:00 pm-8:00 pm
- Location:** Vibrant Catering – The Loft
2236 SE Belmont
Portland, OR 97213
(street parking available)
- Cost:** \$25
(Cash or Check to NAWIC Portland Chapter #54)

Project Information:

The Columbia River Crossing (CRC) project will build a replacement I-5 bridge across the Columbia River with light rail to Vancouver. The project will also improve seven highway interchanges between SR 500 in Vancouver and Columbia Boulevard in Portland. A pedestrian and bicycle path will be built along the new bridge; existing pedestrian and bicycle paths connecting I-5 to Hayden Island and Vancouver will be enhanced.

Currently, 135,000 vehicles cross the Columbia River on the Interstate Bridge which leads to 4-6 hours of congestion each weekday. By 2030, 184,000 are predicted to cross the river, which would lead to 15 hours of daily congestion if no action is taken.

The Columbia River Crossing project team is currently refining the Locally Preferred Alternative based on public and partner agency input by:

- Continuing technical work on bridge design, pedestrian and bicycle path design, and transit alignments on Hayden Island and downtown Vancouver
- Convening an advisory group to select an interchange option for Marine Drive
- Planning independent reviews or expert panels on the traffic demand model and greenhouse gas analysis
- Talking with communities to hear concerns and provide information
- Reviewing public comments on the Draft Environmental Impact Statement and beginning work on the Final Environmental Impact Statement

Please RSVP by noon on Monday, February 16th

Contact Edie Bales @ 503-697-0171 or edith.bales@libertymutual.com

NOTE: We are continuing our food bank drive. Please bring your non-perishable food donation or cash contribution. Thank you!

President Lauren’s February Letter Continued:

Continuing with the philanthropic spirit, we would like to put together a group of people to volunteer at the Oregon Food Bank sorting and boxing food. Please let me know if you are interested in helping out, we are in the process of setting up a day and time.

WIC Week is coming up, and we are busy planning a fabulous meeting. The meeting is set for the HBA and we are working to put together a panel of Oregon State Representatives and/or Senators that are on the Ways and Means Committee. This committee decides the budget for the Oregon Stimulus Package, and we are hoping to be able to get an inside look at what the package means for the Construction industry.

Forum is coming, and we will be voting on our Delegates and Alternates at the February meeting. So let us know if you are interested in going to Seattle in April! We also need to vote for our Region 9 NAWIC awards, so start thinking about who you think is Chapter 54’s Future Leader and WIC of the Year!

Finally, the Oregon Retreat is coming up. The Salem Chapter has asked each Chapter to pick a holiday, and to put on a game/ activity associated with the holiday. If you have any ideas please let us know so we can be prepared when we hit the beach in March!

President Lauren Holmes



Our Professional Education Committee has been hard at work planning our meeting topics and locations for the next few months. Here is what is tentatively scheduled:

Date	Topic/Speaker	Location
March 19 th	WIC Week Panel of State representatives will discuss the Stimulus Plan and its impact on the State of Oregon	Home Builders Exchange SW Portland
April 23 rd	Supporting Women and Minorities in Construction Raleigh Lewis, MWESB State Agency	Elephant’s Room NW Portland
May 21 st	Communicating with a Surveyor Tony Brooks	Elephant’s Room NW Portland
June 18 th	PSI Testing Lab Tour Professional Service Industries, Inc.	PSI N Portland